

## NSS/NCC UNIT

## JORHAT KENDRIYA MAHAVIDYALAYA





## REPORT ON THREE DAYS WORKSHOP ON YOGA

(19<sup>th</sup> to 21th June 2019)

On the occasion of International Yoga Day under the NSS of Jorhat Kendriya Mahavidyalaya is going to organized a 3 days workshop on Yoga from 19<sup>th</sup> June to 21th June 2019. This workshop is inaugurated by Dr. M. Konwar, Principal, Jorhat Kendriya Mahavidyalaya.

The resource persons of the workshop Ms. Monisha Rupchandary and Mr. Sarup Bordoloi, Vivekandra Kanya Kumari Kendra, Jorhat branch, started the yoga training after the inauguration ceremony.

All total 299 students of the college have participated in the workshop.

( Nripen Saikia ) Programme Officer/ Co-Ordinator

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